

The Recreation Council of Greater St. Louis 2026 Summer Opportunities Guide for St. Louis City, St. Louis County & St. Charles County For Residents with Developmental Disabilities



“Leisure without Limits”



Inside This Guide:

- Overnight Camps
- Day Camps
- Camp Resources
- Horsemanship
- Adult Adventures
- Travel
- Summer Events
- Agency Programs
- Destination Playgrounds

Recreation Council Offices

St. Louis County: 314-726-6044 x103
St. Louis City: 314-726-6044 x105
11457 Olde Cabin Rd, Suite 235
St. Louis, MO 63141

St. Charles County 314-726-6044 x104
60 Gailwood Drive, Suite C
St. Peters, MO 63376

www.RecreationCouncil.org



Looking for Summer Activities?

With Summer right around the corner, The Recreation Council of Greater St. Louis hopes that this **Summer Opportunities Guide** provides you with the information you need to find a program or activity that is just right for YOU! It's never too early to make your summer plans since some programs fill quickly.

This **Summer Opportunities Guide** is a resource for information regarding summer programs and activities. The Recreation Council is not responsible for the claims made or services delivered by the camps and/or organizations listed in this guide. It is strongly recommended that a reference be obtained prior to committing to a program. It is also very important when you contact a program of interest that you provide as much information as possible about the person who will be participating in the program or activity. By sharing this information,

program staff can plan to successfully include the participant in that program or activity.

Some program and activity information was not available at the time this publication went to print. Funding may be pending on some programs as well. Visit our online **Summer Program webpage** at www.recreationcouncil.org/anytime-activities for current information, or contact the Recreation Council staff person in your service area for current information.



Have a Great Summer 2026!



Need Funding to Attend an Overnight Camp, Day Camp, or Other Activity?

Call the Recreation Council NOW!

Through our voucher programs, a limited amount of funding is available to assist individuals with developmental disabilities access recreation programs of their choice.

Funding is based on a first-come, first-served basis. Contact your Coordinator for eligibility requirements and to apply. Don't miss out, CALL NOW!

St. Louis City: 314-726-6044, ext. 105
St. Louis County: 314-726-6044, ext. 103
St. Charles County: 314-726-6044 ext. 104
Overnight Camp/Adult Adventure: ext. 105
VISIT OUR WEBSITE ~ Find out about a variety of leisure and recreation, and voucher programs on our website at:

www.RecreationCouncil.org

Funded in part by: Productive Living Board for St. Louis County Citizens with Developmental Disabilities, St. Louis Office for DD Resources, and the Developmental Disabilities Resource Board of St. Charles County.

Updated 5-8-2026

Tips on Finding a Recreation Program Just Right for YOU

Each one of us is unique! Therefore, the Recreation Council encourages individuals of all abilities, when choosing a leisure/recreation program or activity, to gather as much information about that program or activity as possible. Keep in mind your specific support needs and interests, too. It is helpful before contacting program staff, that you make a list of questions to ask. Be certain to give as much information about your own support needs, in order that the program staff can address your needs in advance, to make your experience a successful one.

Here are some questions you might consider asking in addition to your own set of individualized questions:

- What can this program offer me as a participant?
- What is the philosophy of your organization? How long has the organization been in existence?
- How long has the program/activity been offered? Is the program/activity site accessible?
- What is the ratio of program staff to participants?
- When is the program/activity offered? What happens if I miss a session?
- What is the cost of the program/activity? Are there scholarships available, if needed?
- Is transportation provided or is the facility on a bus route?
- How are special needs or accommodations handled? (personal care, challenging behaviors, interpreters)
- What credentials, certifications, or qualifications do program staff hold?
- Does the program/activity staff receive training on the needs of persons with disabilities?
- Do I need my own equipment in order to participate in the program/activity?
- What should I wear or bring with me to this program?
- How, when and where do I register for this program/activity? Who helps me with the registration process?
- Is your program accredited and/or monitored for safety & programmatic standards?
- If applicable, are references available? If not, ask other family members or participants if they are aware of the program and its reputation.

Questions To Ask The Camp Director

(modified information from the American Camp Association)

When you are looking for a camp, every item you can think to ask about is important. Before you talk with a director, make a list of questions. Ask questions specific to your or your son/daughter's specific interests and support needs! If possible, try to visit the camp when it is in operation before you make your final selection. This will give you and/or your son/daughter the opportunity to observe the programs and philosophy of the camp in action. Here are some important items to consider when you meet with the camp staff.

- What is the background of the Director?*
- What is the camp's philosophy? How are special needs handled?*
- Is there transportation provided by the camp?*
- What type of assistance do the counselors provide?*
- What is the ratio of counselors to campers?*
- What are the counselors' ages? Are references available?*
- What training do the counselors receive?*
- What kind of background checks are done on camp staff?*
- What percentage of the staff return each year?*
- What percentage of campers return each year?*
- Is the Camp accredited by the American Camp Association?*



You can find a complete list of ACA Accredited Camps in the Guide to Accredited Camps. Call 1-800-428-CAMP Also check out ACA's website at: www.acacamps.org

The Recreation Council has available various articles on preparing for and attending camp. Call (314) 726-6044.

Many thanks to our funding partners for their continued support of the Recreation Council's Programs and Services.



SPECIALIZED OVERNIGHT CAMPS



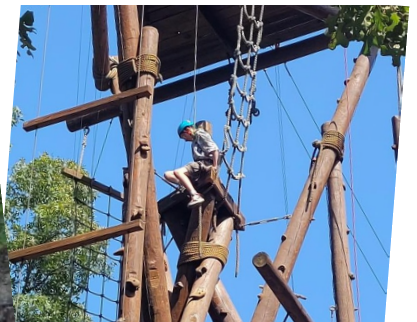
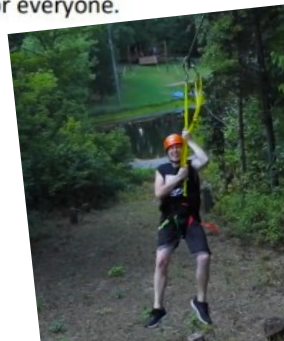
Welcome to Sunnyhill Adventure Camp!

www.sunnyhillinc.org

6555 Sunlit Way
Dittmer, MO 63023
(636) 274-9044

Sunnyhill Adventures offers a combination of high-rope challenges, fishing, archery, and other activities designed to delight the outdoor enthusiast while allowing for the comforts of air conditioning and a warm bed. Youth programming is available for boys and girls ages 8-17, as well as adult programming for campers 18 years or older. The care and support of our campers is always our priority. Individual and group support options are available through counselor-to-camper ratios of 1:1 or 1:5, to accommodate the wishes and needs of both families and campers while ensuring a safe adventure experience for everyone.

2026 Camp Dates	Theme
June 14-19, 2026	Adventure
June 21-26, 2026	Summer Soundwave
June 28-July 3, 2026	Holiday
July 5-10, 2026	Olympic
July 12-17, 2026	Disney
July 19-24, 2026	Adventure
July 26-31, 2026	Game Show
August 2-7, 2026	Adventure
August 9-14, 2026	Superhero



\$200 Early bird discount: \$1,100 if paid by March 31, 2026
Regular cost: \$1,300 if paid after April 1
\$200 deposit due at registration
Register at www.sunnyhillinc.org/adventures



WONDERLAND
Camp EST. 1969

Wonderland Camp
18591 Miller Circle
Rocky Mount, MO 65072
573-392-1000

Try one of our
WEEKEND
MINI CAMPS ↓

Wonderland Camp has given children, teenagers and adults with disabilities the opportunity to come to camp for over 50 years. We're here for the friendships, the encouragement and the high-fives! All activities are adapted so that everyone can participate.

Fiesta	May 24-29, 2026
Marvel	May 31-Jun 5, 2026
Animal Kingdom	June 7-12, 2026
Broadway Lights (PWS Week)	June 14-19, 2026
Big Machinery	June 21-June 26, 2026
Red, White, and Blue Bash	June 28-July 3, 2026
Disney	July 5-July 10, 2026
Christmas in July	July 12-July 17, 2026
Splish Splash	July 19-July 24, 2026
Super Mario Bros	July 26-July 31, 2026
Pirates and Mermaids	August 2-August 7, 2026



Cost: \$1,100 per week
\$100 non-refundable deposit due at registration
Staffing ratios of 1:3 and 1:1 available.

Bring your own support person for \$100 per week additional charge.

www.wonderlandcamp.org

- Renaissance Camp: March 6-8, 2026 – \$425
- Life Skills: Take Part in the Community: M-Th, March 16-19, 2026 – \$525
- Creepy Crawlies: March 27-29, 2026 – \$425
- Hoppin' Holiday: April 2-6, 2026 – \$650
- Family Camp: April 17-19, 2026 – \$350 for family group
- Mom & Me: May 1-3, 2026 - \$250 for 2 people

More mini camps coming in Fall 2026





Camp Barnabas
901 Teas Trl
Purdy, MO 65734
(417) 522-6011



Changing Lives Through Disability Ministry

Camp Barnabas is a ministry in Southwest Missouri dedicated to providing a unique Christian summer camp experience to individuals with disabilities and chronic illnesses. It's a summer full of waterslides, fishing, canoeing, archery, ziplining, swimming, mini-golf, and so much more. We want our Campers to have a summer just like everyone else because, for most of the year, our Campers are on the outside. We want to create a place where they can be who God designed them to be.

THEME	DATES	AGES	Disability
Legends	May 31 – June 5, 2026	18+	I/DD, autism
Heroes	June 7 – 12, 2026	16+	I/DD, autism
Young Friends	June 14 – 19, 2026	7-18	I/DD, autism + siblings
Adventurers	June 21 – 26, 2026	16+	Physical Disabilities
Soaring Hawks	June 28 – July 3, 2026	7+	Blind, chronic disease, Deaf/HOH & siblings
Bridge Builders	July 12 – 17, 2026	7-18	I/DD, Autism, Physical
Explorers	July 19 – 24, 2026	16+	I/DD, Autism, Physical + siblings
Champions	July 26 – 31, 2026	7+	I/DD, Autism, Physical + siblings
Celebration	August 2 – 7, 2026	18+	I/DD, Autism, Physical - fully independent

Cost: \$1,500
If you love camp, register by August 31, 2026 for Summer 2027 and you get a \$200 discount
Register at:
www.campbarnabas.org/campers



Camp MoVal

2659 Camp MoVal Road
Union MO 63084
636-583-2730



Summer Camp Programs

Camp MoVal has been welcoming all ages to participate in a wide variety of programs and activities since 1962. We ensure an amazing and unique camp experience in a safe and fun atmosphere for everyone, no matter their age. Take a look at the various camp programs we offer in the summer.

Adventures in Community

July 19-23, 2026 Cost: \$682
\$200 deposit due at registration

For adults (ages 18+) with special needs who are active and independent

While exploring their faith, individuals participate in many traditional camp activities, including swimming, canoeing, arts and crafts, fishing, games, karaoke, and more. Most who attend have some form of developmental disability, and activities are modified for each camper's ability and needs.

2026 Summer Camps

- 6/22 – 6/27/26 All Ages Camp #1 (grades 3-9)
- 6/21 – 6/26/26 High School Camp (grades 9-12)
- 6/28 – 7/2/26 Family Camp (all ages)
- 7/5 – 7/10/26 All Ages Camp #1 (grades 3-9)
- 7/12 – 7/17/26 All Ages Camp #2 (grades 3-9)

Cost: \$682 for All Ages Youth Camp
\$200 deposit due at registration
Family Camp: \$318 (due at registration)

www.missourimidsouth.org/camp-moval

Missouri Family Retreat

August 4-8, 2026



Cost for Missouri Camp: \$410 per person

Cost for camps held around the country vary. Check website for more locations.

Location:
Cross Pointe Camp and Retreat Center
31434 Main Street
Rocky Mount, MO 65072

Contact:
Sherri Wirt
314-924-3208
sherri.wirt@joniandfriends.org

Family Retreat offers a haven for families living with disability. In a fully accessible camp environment, families are cared for, rejuvenated, and encouraged in Christ. Enjoy a fun, Christ-centered environment that is safe and accepting for each member of the family. During this time of respite, you will build lasting memories and find renewed hope as you take part in Bible study, accessible activities, and opportunities to connect with other families who face similar challenges. Join us for a time of fun and refreshment—it's a little slice of heaven!

Website: www.joniandfriends.org/missouri

Meramec Adventure Ranch

Meramec Adventure Ranch
1203 Meramec Wilderness Lane
Steelville, MO 65565

Brett Bailey, Camp Director
BBailey@kvc.org
573-775-5513.



 **KVC Missouri**
We all need connection.

Meramec Adventure Ranch offers therapeutic adventure and wilderness programs to help the youth and families we serve confront personal challenges, and discover inner courage and a renewed passion for life.

2026 Camp Dates: June 26-30, 2026
Cost: \$980 (\$100 non-refundable deposit)
Youth ages 7 & older with Autism

Camp Application Required - application does not guarantee you for a slot in camp.

www.missouri.kvc.org/meramec-adventure-ranch



UNIVERSITY OF MISSOURI-ST. LOUIS

Office of Inclusive Postsecondary Education

113 Lucas Hall 1 University Boulevard
St. Louis, MO 63121-4400

Office Number: (314) 516-5911

Admissions Toll-Free: 1-888-GO-2-UMSL

Email Address: OIPE@umsl.edu

College interested youth with disabilities ages 17-22 can experience what it's like to be a student at the University of Missouri - St. Louis at the Succeed Summer Enrichment Camp. Immerse yourself in college life by living in a residence hall, taking academic workshops and classes and enjoying recreation activities on campus.



Attendees must be able to manage medications independently, navigate basic hygiene and self-care independently, and must provide proof of intellectual or developmental disability.

www.umsl.edu/education/oipe/summercamp.html

June 8-12, 2026 & July 13-17, 2026
Youth age 17-22

Complete and email your application online

Cost of week-long camp: \$630
Each session is week-long and includes overnight stay at Oak Hall.



DASA Headquarters

INSIDE Mid Rivers Mall,
Upper level next to Dillard's
1600 Mid Rivers Mall Circle, Ste 2272
St. Peters, MO 63376

Contact Us

Call us at 636-477-0716 to inquire about our programs and events!

Disabled Athlete Sports Association ~ Camp WeCanDu ~

In June at Babler Outdoor Education Center, Babler State Park in Wildwood, MO

This camp provides an opportunity for local youth with physical disabilities to fully participate in a week-long, traditional summer camp experience loaded with fun activities and friendship. Children living with cerebral palsy, spinal cord injuries, visual impairments, and many other forms of physical disabilities come together for an unforgettable experience that enhances their ABILITIES and creates social bonds that last a lifetime.

2026 Camp Dates

June 14-19, 2026

Cost: early bird: \$350

\$50 deposit to hold your slot

Regular fee: \$400



www.dasasports.org/sports-and-fitness/summer-camps



Camp Wartburg
5705 LRC Road
Waterloo, IL 62298
618-939-7715 ext. 1

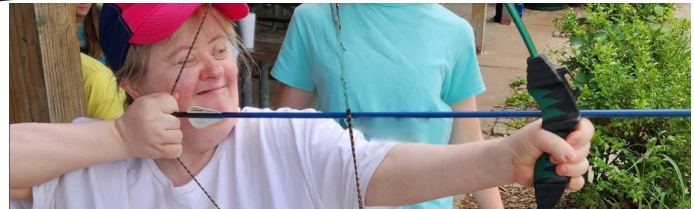
www.campwartburg.com

Shepherding Sheep Special Needs Overnight Camp for ages 10-65+

Dates: June 1-5, 2026

Cost: \$600 (\$100 deposit due at registration)

The Shepherding Sheep Program at Camp Wartburg is an experience designed to get children and adults with disabilities outdoors and in an environment of interaction with others. Camp Wartburg's participant to counselor ratio is one-to-one or one-to-two staff/volunteers per child/adult. Camp Wartburg is a wonderful environment, which enables campers to be themselves, enjoy the outdoors, and participate in fun activities. There is focused attention on the individual, which makes them feel special for the time they are at Camp. Our key focus is providing your child/adult with a one-of-a-kind adventure. Each day is filled with swimming, archery, canoeing, fishing, hiking, and other activities, all tailored to meet the needs of your participant.



Traditional Youth Overnight Camp:

9 weeks available from June 7 to August 7, 2026

Camp Wartburg offers an array of overnight summer programs for Youth in grades 1-9 and specialty camps for youth in grades 9-12. Enjoy nature-centered activities such as pond canoeing, archery, pond studies, fire-building, swimming, and hikes. Cost: \$950-\$1,000 per week with financial hardship discounts available.



Business Office:
4025 Central,
Kansas City, MO 64111
info@campencourage.org
Phone: 816-830-7171

www.campencourage.org

CAMP ENCOURAGE

2026 Camp Dates

March 21 to 22

Overnight Session 1
Ages 10-18

June 29 to July 2

Summer Session 2
Held at Tall Oaks, Ages 14-18

August 29 to 30

Alumni Reunion Camp
Ages 19+ (can select day or overnight)

June 11 to 14

Summer Session 1
Ages 10-18

July 25 to 28

Summer Session 3
Ages 10-18

October 10 to 11

Overnight Session 2
Ages 10-18



Camp Encourage is Transformative for youth with Autism, ages 10-18 who are active and independent.

The mission of Camp Encourage is to provide youth on the autism spectrum meaningful experiences in which they build the knowledge, courage, and skills to be empowered participants in the community through traditional camp activities tailored around the individual campers' interests. We also provide free Camp Family events that provide a welcoming space for our campers and their families and our volunteers and supporters.

Overnights: \$625

Summer Sessions: \$1,395

CAMP LOCATIONS:

Heartland Center
16965 NW 45 Highway, Parkville, MO, 64152
Tall Oaks Camp
12778 189th Street, Linwood, KS 66052



Camp Courage, MO

2741 Briaroaks Lane - *business office*
Joplin, MO 64804 ~ 1-816-294-3929
www.campcouragemissouri.jumbula.com

Camp Courage is a 4-day/3-night, specialized summer camping program for adults AGES 21 AND OLDER with special needs, including Down syndrome, birth defects, cognitive delays and high functioning Autism.

Campers enjoy typical camping activities such as fishing, hay wagon rides, crafts and music; as well as Bingo, dance parties and an evening of carnival game fun. This program is ideal for individuals who enjoy outdoor activities and are comfortable being away from their home environment. Participants must be able to walk, shower, dress and feed themselves independently. Participants must be cooperative, enjoy being around other people and pose no flight risk.



DATE: June 18-21, 2026

COST: \$250

LOCATION:

Camp Farwesta
6091 US-36
Stewartsville, MO
64490

2026 THEME: Shrek
Register at link above



Camp MITIOG
7615 N Platte Purchase Dr
Suite 116
Kansas City, MO 64118

Dates: July 13-18, 2026

Cost: Contact camp for details.

Camp MITIOG is a week-long camp for children ages 8-16 living with spina bifida. It is accredited by the American Camp Association and has been held each summer since 1969. During their week of camp, children participate in camping activities including swimming, fishing, canoeing, arts and crafts, nature classes, classes on self-help medical care and evening campfires. Camp MITIOG is held at Lake Doniphan Conference and Retreat Center which is located in Excelsior Springs, Missouri and provides a wheelchair accessible environment

www.campmitiog.org





Dates: June 18-21, 2026
Location: Lake Forest Academy
 1500 West Kennedy Road
 Lake Forest, IL 60045
Cost: \$500 per person with
 scholarships available



Camp No Limits was developed to address the needs of children with limb loss/limb difference and their families and provide an opportunity to meet other families. We offer programs designed by specialized Occupational and Physical Therapists, Prosthetists, and adults with limb loss/limb difference. We have 11 locations across the U.S.

Camp No Limits - Illinois takes place at Lake Forest Academy. Enjoy the beautiful campus, organic gardens, wildlife discovery center, swimming, kayaking, track and field, sports chairs and a fun filled adventure afternoon! Join in for sessions including energizers, OT/PT/Sibling Club life skills sessions, biking clinic, running clinic, peer support groups, dance, talent show, treasure hunt themed group activity, and more.



www.nolimitsfoundation.org/camps



Special Olympics
 Missouri

Training for Life Campus
 305 Special Olympics Drive
 Jefferson City, MO 65101
 573-635-1660

www.somo.org/camp

Gary Brimer Sports Camp

Dates: July 12-17, 2026

Location: Training for Life Campus in Jefferson City

Cost: \$300 with scholarships available

Gary Brimer Sports Camp gives athletes a chance to experience several different sports while also learning important life skills. In addition to sports opportunities, athletes have the opportunity to learn about art, nature, health and much more! Athletes enjoy the usual summer camp experience while gaining important independent life and social skills. They also get to enhance their sports skills in a friendly and encouraging environment.



Special Olympics Camp Courage

Dates: 2026 dates to be determined.

Location: Training for Life Campus in Jefferson City

Cost: \$150 with scholarships available

Camp Courage is specifically catered for athletes with low motor skills. We focus on sports such as bocce, basketball and track and field. Contact Susan Shaffer at shaffer@somo.org for information.



Contact Information:
 618-558-8852

CAMP GUARDIAN

We provide a FREE week of summer overnight camp for youth and adults with special needs. Our camp is staffed with dedicated volunteers who are affiliated in some fashion with the Missouri National Guard.

Camp Guardian accommodates a wide range of physical and developmental disabilities. Our camp offers a wide range of activities that cater to every camper's interest, including sports, arts and crafts, outdoor activities, swimming and more.

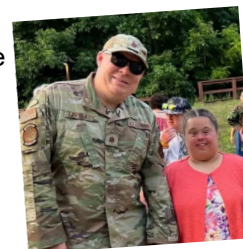
Website: www.campguardian.org

Facebook: [Search for "Camp Guardian"](#)

CAMP DATES: June 22-26, 2026

Cost: FREE!!

Camp Location: Babler State Park
 Outdoor Education Center
 800 Guy Park Drive
 Wildwood, MO 63005





108 Matrix Commons Dr
 Fenton, MO 63026
 314.469.8035
 info@camprainbow.com

Our summer camps give children dealing with a pediatric cancer or blood-related diseases and their families time to take a breath and just have a fun in a less stressful situation, while interacting with others who are in the same situation. Your child must be diagnosed with a cancer or blood-related disease and be treated by one of the St. Louis Children's Hospitals OR be a sibling of a child diagnosed with a cancer or blood-related disease and treated by one of the St. Louis Children's Hospitals. Cost: FREE!



www.camprainbow.com

Oncology Overnight Camp (May 31 - June 3, 2026)
 Traditional summer camp experience for children diagnosed with a cancer or blood-related disease. All participants are 4-14 years old. We offer overnight and day options.

SIBS Camp (June 7 - June 10, 2026)
 Traditional summer camp experience for the siblings of a children diagnosed with a cancer or blood-related disease. All participants are 4-15 years old. We offer overnight and day options.

Caretaker and Me Day at Camp (June 7, 2026)
 The Caretaker and Me Experience was created for campers and their parent or caretaker (no siblings) ages 4-6 years old. Campers are the oncology patient or the sibling of the oncology patient. The day begins at 9am and ends around 2pm.

Teens-N-Twenty: TNT Events are for both oncology patients and their siblings. Participants are 14-20 years old.



Camp Hickory Hill
 For Diabetes Education



Camp Hickory Hill
 Location: 5 miles north of Columbia, MO
 PO Box 1942 ~ Columbia, MO 65205
 573-445-9146 -9146

www.camphickoryhill.com

Camp Hickory Hill sustains a community, culture and medically-sound program of support for persons with diabetes, especially children, using our camp environment to foster education, self-reliance, confidence, an active lifestyle and skill in the successful management of diabetes.

Camp 2026:

June 21-27, 2026 Ages 13-17

June 28-July 4, 2026 Ages 7-12

Cost: sliding scale from \$400-\$1,200



Epilepsy Foundation of Greater Southern Illinois
 3515 North Belt West
 Belleville, IL 62226
 618-236-2181
 info@epilepsygsil.org

Camp Roehr is a 7-day overnight week at **YMCA Camp Lakewood in Potosi, MO**, and is sponsored by the Southern Illinois Epilepsy Foundation. Camp Roehr provides young people ages 6-18 who have epilepsy the opportunity to focus on their strengths and have fun in a safe, supportive environment.

Camp Dates: June 6- 12, 2026

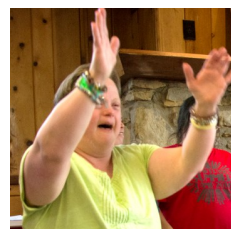
Cost: \$500 with scholarships available

Application DEADLINE: May 8, 2026

www.efgreatersil.org/camphone

Camp Application:

www.efgreatersil.org/campcampers.html



HEARTLAND CAMPS

FRIENDSHIP CAMP
 for Adults With Disabilities

16965 NW 45 Hwy, Kansas City MO 64152
 1-816-891-1078

God can use camp as a life changing experience for everyone which is why we developed this program for adults with developmental disabilities who are high functioning. Campers participate in daily activities including Bible study, worship, swimming, crafts, games, carnival, dance party and a final talent show to end the week. Campers stay in our air-conditioned buildings and are always with our trained staff. Vehicles are available for those who are not able to walk our hills. This is a 4-day camp.

August 4-7, 2026

Cost: \$665

\$100 deposit to save your slot in camp

www.heartlandcamps.org/friendship-camp

Combination Programs

Offering Day, Overnight, Specialized, & Inclusive Options



CAMP LITTLE GIANT
 Touch of Nature Outdoor
 Education Center
 SIU Mail Code 6888
 Carbondale, IL 62901
 Contact us at 618-453-1121

Programs for Youth & Adults

Camp is held near Little Grassy Lake in Makanda, IL

www.ton.siu.edu/programs



TOUCH OF NATURE 2026 ED-VENTURE YOUTH DAY CAMP

This traditional camp is designed for children ages 5-10. We create a safe, positive, healthy, and enjoyable environment through various outdoor education and character-building activities.

2026 dates coming soon...

Cost: \$250

8:30am-3:30pm daily

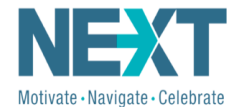
Camp Little Giant has served campers with disabilities since 1952. It was the first camp of its kind in the nation, the first camp accredited by the American Camp Association, and ultimately paved the way for the Special Olympics. From swimming and environmental education to boating, sports, games, outdoor education, and arts and crafts, every week promises memorable opportunities for growth and fun. Our camper to staff ratio is 4-1. Campers with higher needs may bring their own caregiver with camp director approval.

Camp Little Giant

Summer 2026 information coming soon...

St Louis Arc: NextED Challenge Immersive Learning Experience

Through a summer camp experience, NextED Challenge provides young adults with intellectual and developmental disabilities ages 18-30 an opportunity to challenge their expectations of living on their own. Attendees participate in hands-on learning, interactive group activities, & community exploration.



**Overnight Adventure: June 22-26, 2026 (Meet & Greet June 15)
 OR July 13-17, 2026 (Meet & Greet July 7)**

at Oak Hall at UMSL ~ **COST: \$1,000**

(\$100 non-refundable deposit to be applied to program fee)

Day Adventure: August 3-7 & August 10-14, 2026

at an Air BnB near Forest Park ~ **COST: \$500**

(\$50 non-refundable deposit to be applied to program fee)

Inquire at nexted@slarc.org ~ or call 314-569-2211

GIRL SCOUTS of Eastern MO: Designed for girls in grades K-12, GSEM offers overnight and day camps perfect for first time campers or girls with busy schedules, families, and troops adventures. To learn about the overnight, day, and adventure summer programs being offered by the Girl Scouts, visit www.girlscoutsem.org ~ Cost varies by selection.
Camp Guide: www.girlscoutsem.cld.bz/2026-Camp-Adventure-Guide



SCOUTS BSA: Greater Saint Louis Area Council:

Weeks in June and July 2026, Cost \$455 with early bird discounts.

Scouting offers overnight and day camps for boys and girls ages 6-20. In addition to traditional summer camps, Scouts BSA offers specialty camps in STEM, High Adventure, Horsemanship, Eagle Path, & more. Sign up through your Pack, Troop, or Crew, or contact Scouts BSA to find out how to register individually.

Overnight & Day Camps: www.stlbsa.org/camps



**GREATER ST. LOUIS AREA
 SCOUTING**

TRADITIONAL OVERNIGHT CAMPS

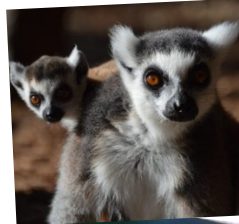


Cub Creek Animal & Science Camp

Phone: 573-458-2125 | Fax: 573-458-2126
 Camp Address: 16795 State Hwy E. Rolla, MO 65401
 Register: www.cubcreeksciencecamp.com
 Campers: ages 7-17
 Cost: \$1,495 per week



- May 31st 2026 - June 6th 2026
- June 7th 2026 - June 13th 2026
- June 14th 2026 - June 20th 2026
- June 21st 2026 - June 27th 2026
- June 28th 2026 - July 4th 2026
- July 5th 2026 - July 11th 2026
- July 12th 2026 - July 18th 2026
- July 19th 2026 - July 25th 2026
- July 26th 2026 - August 1st 2026
- August 2nd 2026 - August 8th 2026



We're Not Your Typical Summer Camp
 Cub Creek Science Camp is the only summer camp for kids in the country with a hands-on, interactive zoo. With more than 300 animals and over 100 species, our overnight summer camp is an animal lover's paradise. No other sleepaway camp can say they are an animal camp, science camp, adventure camp, vet camp, nature camp, while still offering all the traditional summer camp activities such as swimming, fishing, hiking, arts and crafts, ropes course. We are a truly unique summer camp experience. At the end of the day, we love that we can provide a unique experience for all of our campers, but what we want most is to provide a safe place for all kids to be themselves, make friends, and grow their passions.

YMCA CAMP LAKEWOOD

573-438-2155 | 13528 State Hwy AA, Potosi, MO, 63664

Dive into a world of adventure with our diverse overnight camps in Potosi, MO! Explore Traditional, Equestrian, Rangers, Mini Camp and Leadership. Our structure is designed to be progressive, with opportunities for ages 6-17.

2026 Camp Dates and Rates

Main Camp: ages 8-12
 East Camp (Teens) ages 13-16
 Special Topic Camps Available for ages 10-16
 Weeks available from June 7-July 31, 2026
 5 nights ~ Cost: \$985-\$1,185 per week
 \$200 deposit due at registration

Mini Camp - 3 nights

Cost: \$599
 Ages 6-12: June 28-July 1, 2026
 Ages 11-12: July 5-8, 2026
 Ages 8-16: August 2-5, 2026
 \$200 deposit due at registration



Nestled amid forest-covered hills and a private lake, YMCA Camp Lakewood serves as the perfect backdrop for a summer filled with adventure. Campers participate in activities like kayaking, horseback riding, archery, and swimming. Individualized supports available upon request and meeting with camp staff prior to attending.

www.gwrymca.org/camps/ymca-camp-lakewood



SHERWOOD FOREST

Highway 21 South
 Lesterville, MO, 63654
 (573) 637-2476

Mini Camp (1st & 2nd Graders)

Session 1: June 7-13, 2026
 Session 2: July 9-15, 2026
 Cost: \$35

Explorer Camp (3rd – 5th Graders)

Session 1: June 17-July 2, 2026
 Session 2: July 19-August 3, 2026
 Cost: \$50

Leadership Camp (6th – 9th Graders)

Session 1: June 7- July 2, 2026
 Session 2: July 9-August 3, 2026
 Cost: \$75

Participants can only attend one camp session.



HELP KIDS DISCOVER THE BEST IN THEMSELVES

Every child deserves to experience camp. Sherwood Forest serves children from low-income households and underserved communities in Missouri and Illinois, who live at or below the federal poverty line. Our camp sessions are several weeks long so your child's desire to attend camp is crucial to success. Children must be able to demonstrate behavior that is safe and appropriate for their age.

www.sherwoodforeststl.org/register



Camp Ondessonk
Phone: 1-618-695-2489
Address: 3760 Ondessonk Rd.
 Ozark, IL 62972
Camper: ages 8-16



www.ondessonk.com

Camp Ondessonk provides youth the opportunity to experience firsthand the beauty of God's creation. Located in the Shawnee National Forest of Southern Illinois, Ondessonk's summer camp programs include traditional camp, mini-camp, adventure camp, and equestrian camp. Camp Ondessonk is owned and operated by the Catholic Diocese of Belleville, in Illinois. Catholic traditions and teachings guide the work of this ministry. People of all faiths are encouraged and welcome to enjoy Camp Ondessonk.

Summer 2026 Dates:

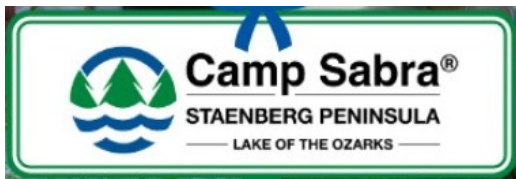
Weekly from May 31-August 1, 2026

COST: \$739 weeklong camp

\$449 mini camp

\$70 per person for family camp

EARLY BIRD PRICING & DISCOUNTS AVAILABLE



Address: 30750 Camp Sabra Road
 Rocky Mount, MO 65072

Phone: 314-442-3151 www.campsabra.com



Camp Sabra is a premier Missouri Jewish sleepaway camp for boys and girls entering grades 3-10. We offer many activities including waterfront, adventure, athletics, creative arts, trips and more.

2026 Camp Dates and Rates

1, 2, & 4-week sessions from June 7-July 31, 2026.
 Cost: \$1,580-\$7,124 depending upon camp selected.



CAMP BEN FRANKEL

3419 W. Main St.
 Belleville, IL 62226
 1-618-235-1614



Camp Dates: June 14-July 30, 2026 ~ youth in grades 1-11 Single and multi-week sessions

Cost: \$995-\$5,995 depending on length of session selected

www.campbenfrankel.org

Camp Ben Frankel's mission is to create a welcoming, inclusive, lifelong community for Jewish youth of all backgrounds. Each week campers choose 4 electives from a combination of classic camp activities including games, performing arts, stem, outdoor adventures, and sports. We integrate Jewish life into all activities and welcome campers with disabilities.



Office: 445 Lawrence Rose Road, Lebanon, TN 37087
Phone: 1-630-841-7434

www.masterpieceministries.org/camps

Masterpiece Ministries is a week-long Christian art camp for high schoolers (rising freshmen to rising seniors). Here, you'll have the chance to learn in focused "studio" tracks of visual arts, creative writing, dance, drama/improv, film/photography, and songwriting. Christian artists share how their faith shapes their work and cheer on fellow campers in our nightly open mic sessions.

DATES: July 19-25, 2026

LOCATION: Wheaton College

501 College Ave, Wheaton, IL 60187

COST: \$775 with financial aid available

Specialized Day Camps



11457 Olde Cabin Road, Suite 235
St. Louis, MO 63141
(314) 989-1188



LifeBridge Camps are offered at various times throughout the year when school is out of session to provide youth the opportunity to participate in fun activities and connect with friends and their community.

LifeBridge Camp is offered to those who live in St. Louis City, St. Louis County, and St. Charles County who are between the ages of 6-18 (19-21 if enrolled in high school). Typical camp hours are from 9 a.m. to 3 p.m. with group sizes up to 80 campers per day.

LifeBridge supports include up to a 1-1 staff to participant ratio, personal care needs, & accessible transportation if available.

2026 Dates...

May 26-29: St. Louis City
June 15-19: St. Charles
July 20-24: St. Louis City
July 27-31: St. Louis City

Cost: \$ 150 per week

www.lifebridgestl.org/youth-services

Information:

Gina Ruedin
ginar@lifebridgestl.org
314-701-7264



Camp Lighthouse

Our family special needs disability summer day camp, Camp Lighthouse, is nothing like the ordinary summer camp. We do crafts and water activities like other camps, in addition to horsemanship and adapted water skiing, rock climbing, tree climbing or zip-lining. This camp takes place at Strong Tower Ranch in Wright City, MO. There is a minimal fee to attend camp. Snacks, lunch and tons of fun are provided.

CAMP RATES

\$50 PER PERSON DAY RATE

1 PERSON	\$175
2 PEOPLE	\$325
3 PEOPLE	\$450
4 PEOPLE	\$550
5+ PEOPLE	\$625



May 23-26, 2026

Saturday, Sunday, & Monday, May 23-May 25, 2026 - hours vary by day

Location: Strong Tower Ranch, 600 Sunshine Lane, Wright City, MO 63390

Tuesday, May 26, 2026: Adaptive Skiing at Lake St. Louis

Location: Donnie's Pavilion (formerly Jefferson Point), Lake St. Louis, MO 63367

Cost: \$175 for first person with sliding scale for additional family members. *\$50 per person deposit due with application by May 1, 2026.* T-Shirt included with registration.

REGISTER at www.harborunlimited.com/camp-lighthouse or 314-956-2665



Limitless OPPORTUNITIES FOR SPECIAL PEOPLE

TASK - "Team Activities for Special Kids"

Summer ADVENTURES: AROUND THE WORLD	June 15-19 AGES 15+ HELD AT TASK	FULL DAY: 9-3PM COST: \$175 HALF DAY: 12-3PM COST: \$90
Summer ADVENTURES: AROUND THE WORLD	June 22-26 AGES 5-14 HELD AT TASK	FULL DAY: 9-3PM COST: \$175 HALF DAY: 12-3PM COST: \$90
TASK-CBC CAMP	JULY 6-10 HELD AT CBC HIGH SCHOOL	AGES 5 AND UP 9-2PM COST: \$175
TASK CAMP	JULY 13-17 HELD AT TASK	AGES 5 -18 9-2PM COST: \$175
TASK Reunion CAMP	JULY 20-24 HELD AT TASK	AGES 19 AND UP 9-2PM COST: \$175



www.taskstl.org/calendar

**Registration opened
March 1, 2026**

980 Horan Drive
Fenton, Missouri 63026
P: 636.343.TASK (8275)
info@taskstl.org

IN ORDER TO PARTICPATE IN A TASK SUMMER CAMP/PROGRAM, YOUR CHILD MUST PARTICIPATE IN A TASK ACTIVITY PRIOR TO COMING TO CAMP.
Camp CANNOT be your child's first experience with TASK. The reason for this is so that we are familiar with your child, his or her needs, and can prepare to meet their needs the best we can.



ACCESS THE ARTS

Chesterfield Location:
1023 Chesterfield Parkway East, 63017
Academy Office: 636.449.5775
Katies Hayes, Instructor: 636-449-3941

Summer Production: This 2-week, half day camp is designed for youth living with physical, cognitive, or developmental disabilities to perform a fully staged musical theatre production. In just two weeks, campers will work together to learn songs, scenes, and choreography from a musical while enjoying daily activities like acting games and group outings to improve confidence and assist in developing social skills.

**Mon-Fri, June 6-18, 2026
1:00-4:00pm ~ Cost: \$325**

www.stagesstlouis.org/summer

STAGES Access the Arts also offers a class that meets from September-May.





11840 Westline Industrial Drive
Suite 220, St. Louis, MO 63146
314-720-7700

www.varietystl.org

**Registration Opens in
mid-March, 2026
COST: Free!**

**Questions? Contact us at
Camp@varietystl.org or
314-720-7719.**

Variety Camps are for youth ages 4 – 20 and provide an unforgettable experience for local children and teens with disabilities living in the 30 Missouri and Illinois counties Variety St. Louis serves. Each camper is paired with a counselor “buddy” within groups based on age. Activities include swimming, ice skating, fishing, playing games, making crafts, music time, visiting area attractions and much more, all under the guidance of a caring and enthusiastic staff. Camp takes place in week-long sessions Monday to Friday from 9:00 am to 3:00 pm The location of camp changes daily to accommodate different activities and adventures, but each is located within the St. Louis region.



Dates for Summer Camp 2026:

- Week 1: June 1-5 – Over the STL area
- Week 2: June 8-12 – St. Charles County
- Week 3: June 15-19 – South County
- Week 4: June 22-26 – North County
- Week 5: July 6-10 – Over the STL area
- Week 6: July 13-17 – Over the STL area



Most children with special needs thrive on individual attention. At Camp Circle Star, we provide supervision to all our campers, so that they may explore, engage, and enjoy all the camp activities at the highest possible level. Campers choose their own activities from many fun and exciting choices. We limit the size of our camp to about 14 campers each week, so as not to be too overwhelming for our campers.

2026 Summer Camp Dates

Youth supervised weeks, \$600:

June 15-19, June 22-26, June 29-July 2,
July 6-10, July 13-17, and July 20-24, 2026

Adult ages 19 and older supervised weeks, \$600:

May 18-22 and July 27-31, 2026.

Bring Your Own Assistant Weeks, \$480:

June 8-12 and August 3-7, 2026.

Camp weeks are granted based on your application and no week is guaranteed.

[Camp Application Link HERE](#)



www.campcirclestar.com

PHONE: 314-402-4032
EMAIL: RENEE@CAMPCIRCLESTAR.COM
ADDRESS: PO BOX 711 BALLWIN MO 63011



Camp Independence ~ Hatfield CP Rehabilitation Center

www.stlouischildrens.org ~ 314-454-2642

These week-long summer sports camps are held in Webster Groves & Clayton for youth ages 7-18 with Cerebral Palsy. Camp activities include adaptive basketball, dance, soccer, martial arts, baseball, swimming, yoga, and more. Participants will receive specialized attention from pediatric therapists in adaptive sports programs designed to challenge campers to increase their activity level, aerobic fitness, strength, and balance in a safe, fun, and rewarding atmosphere.

DATES: June 8–12, June 15–19, June 22–26, July 6–10, July 13–17, July 20–24, 2026

TIME: 9:00 am to 4:00 pm

LOCATION: Webster Groves Recreation Complex, 33 E. Glendale, Webster, MO

CAMPERS: Children and young adults with a primary diagnosis of Cerebral Palsy (CP) between the ages of 7-21 years old, functioning at a first-grade level or higher and able to follow directions. Campers must also be able to sit independently or with minimal adaptive support (i.e.-wheelchair).

REGISTRATION: Open until Feb. 27. Complete the [registration form](#) and select the week(s) attending. For questions, contact Julie Grassi at julie.grassi@bjc.org or 314-495-4367.



www.stlouischildrens.org/conditions-treatments/cerebral-palsy-center/sports-rehabilitation/camp-independence



WE ROCK THE SPECTRUM

2075 Bentley Plaza Drive
Fenton, MO 63026 ~ 636-529-8282

SPECIALLY-DESIGNED SENSORY PLAY EQUIPMENT

We Rock the Spectrum – Fenton, MO was founded to provide a place for children of all ability levels to play and grow together. As the only kid’s gym that offers an inclusive philosophy, we have found all children can benefit from our uniquely designed sensory equipment that is specifically designed to aid children with sensory processing disorders. However, in our experience, all children are able to benefit greatly from this equipment and by allowing children of all ability levels to play together they are able to learn a great deal from each other and become the best motivation for success on every level.

SPRING BREAK AND SUMMER BREAK CAMPS

\$80 per day + \$20 per hour extra for 1:1 services
Summer weeks June-August, 2026

www.werockthespectrumfentonmo.com



Washington University Physicians

Washington University School of Medicine ([map](#))
4444 Forest Park Avenue ~ St. Louis, MO 63108

Washington MO location at Four Rivers YMCA
400 Grand Avenue, Washington, MO 63090 ([map](#))

Train Your Brain SUMMER DAY CAMP

Children who just completed elementary school grades 3-5 or middle school grades 6-8 are eligible to register for this half-day, week-long summer camp. Project skills like planning, goal setting, organizing, and time management are directly taught and practiced with brain games and STEM projects (science, technology, engineering, and math). The week culminates in an Ultimate challenge where families are invited to participate with their child and see first hand their child’s hard work during the week.

Contact sarah.cheathamoberle@wustl.edu if you have questions about camp or would like to discuss your child’s needs with Sarah prior to registering. 1-706-271-7306

www.otservices.wustl.edu/items/trainyourbrain

Summer 2026 Dates:

July 20-27, 2026 for 3rd-5th graders
July 27-31, 20-26 for 6th-8th graders

Cost: \$125 per half day
AM & PM classes available

Dream Big Career Camps

At the Dream Big Career Camp, youth participants engage in educational activities aimed specifically at inclusion and independent living. Throughout the camp week, our staff present topics such as disclosure, reasonable accommodations, and making the best choices for college and curricula. Career Camp participants also visit with leading companies and learning centers to apply their learning.

2026 Camp Dates

Middle School Camps (ages 11-14):

June 8-12, 2026

High School Camps (ages 14-21):

June 22-26, 2026; July 12-17, 2026,
& July 27-31, 2026

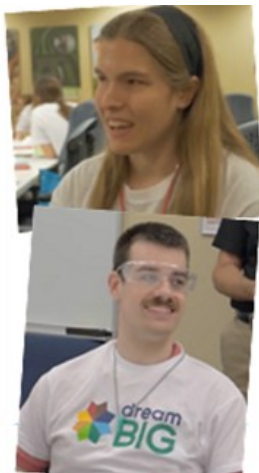
Cost: FREE



Starkloff Disability Institute
PO Box 775670
Saint Louis, MO 63177
314-588-7090

Location: There is a camp “home base” location is the St. Louis area for student drop off and pick up. We take accessible transportation to visit companies during the day.

www.dreambigcamp.org





iCan Bike programs are for youth with disabilities ages eight and up who want to learn to ride a 2-wheel bike. 80% of participants ride a 2-wheeled bicycle by the end of the week. The rest gain immeasurable confidence and skills toward riding independently.



Closest 2026 Camp:

Dates: June 29-July 3, 2026
 Northeast Event Center
 5212 N Oakland Gravel Rd,
 Columbia, MO 65202

For information or to register for this bike camp e-mail Mike at icanbikecolumbia@gmail.com or call 1-815-535-7297. Past camps have been run in the STL area by the [lydiafaithcoxfamilyfoundation](http://lydiafaithcoxfamilyfoundation.com).

www.icanshine.org/programs/camp-locations

Currently seeking a camp location for Missouri!
 Providers willing to host bike camp apply online!



June 1-5, 2026
 Cost: \$175
 Ages 6-11
 Miriam High School
 1138 N. Warson Road
 St. Louis, MO 63132

Camp Ausome is a specialized day camp run by Freddie Ford Family Foundation.

Camp Ausome focuses on helping children with Autism to experience a summer free of everyday-life stresses with sports, games, group activities, crafts, and music therapy. Camp is limited to 12 kids.

APPLY at this link:

<https://pci.jotform.com/form/260476635834061>

UCP offers youth ages 6-20 with differing abilities and **who live in St. Louis County** the opportunity to enjoy day camp with sports, arts & crafts, cooking, games, social skills, life skills, exploring the community, and making new friends. We are a welcoming, supportive environment, with a ratio of 1 staff member to 3 campers, and support physical needs such as administering medications and g-tube feedings.



Summer Day Camp for St. Louis County Youth with Disabilities

4645 LaGuardia Drive, St. Louis, MO 63134
 314-994-1600

www.ucpheartland.org/programs

Dates:

Weeks from June 8–July 31, 2026

Location:

St. Peter's United Church of Christ
 1425 Stein Road, Ferguson, MO 63135

Cost: FREE!

Taking registration until May 15

For more information or to register for UCP Heartland Youth Camps, email Lynn Winterberg at camp@ucpheartland.org.



www.ucpheartland.org/programs/youth-camps/st-louis-youth-camps



9348 Olive Blvd, Olivette, MO 63132
office@coeuracademy.org ~ (314) 733-9770

Our total camp size is limited to a total of 15-20 students to individualize activities. We spend our days with organized games, outdoor free play, music, art, science experiments, and include "down time" to meet sensory needs in a structured environment. Summer camp is available Monday through Thursday for children ages 5 and up.



Week 1: June 1-4
 Week 2: June 8-11
 Week 3: June 15-18
 Week 4: June 22-25

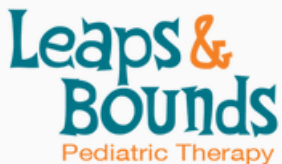
Week 5: July 13-16
 Week 6: July 20-23
 Week 7: July 27-July 30
 Week 8: August 3rd - 6th

**Cost: \$200 for half days
 \$400 for full days**

Additional \$50 per week fee for students who require one on one care. Contact the office for details.

Pediatric Therapy Camps

NOTE: Therapy Camps cannot be funded through the Recreation Council Voucher Program



324 Jungerman Road,
St. Peters, MO 63376
(636) 928-LEAP (5327)

Specialized Youth Camps and Therapy programs. Ages 5-14. Our therapeutic day camps for ages 5-12 are a great option for children who struggle in large, traditional camp programs. They are week-long learning enrichment programs that incorporate therapeutic activities to address your child's needs and include lessons incorporating reading, science, and social studies. Call for pricing.

Leaps & Bounds camps are not funded by the Recreation Council voucher program.

www.leapsandboundskids.com/current-programming



1138 N. Warson Rd
St. Louis, MO 63132
314-962-0482
info@miriamstl.org

www.miriamstl.org

Our **HALF DAY** academic and therapeutic summer camps provide individualized instruction, research-based interventions, and certified/licensed, professionals will ensure your child builds confidence and skills in reading, writing, speech or social/emotional development. Cost: \$1,100 to \$2,100 per half day camp.

(Note: Rec Council voucher funding can be used for the Miriam afternoon "Ultimate Camp Adventure" program which must be paired with morning skills center camp.)



June Session

Creatures and Habitats
June 8-26 (No camp June 19)
3 Weeks

Webster Groves Campus
501 Bacon Avenue, St. Louis, MO 63119

July Session

Faraway Places and Spaces
July 6-24
3 Weeks

Webster Groves Campus
501 Bacon Avenue, St. Louis, MO 63119



456 N New Ballas Rd,
Creve Coeur, MO 63141
314-227-2124

Summer is the perfect time to focus on your child's growth, especially in a fun and safe environment like Acorn. This summer, we're offering some favorites as well as a new lively group class where your child can push themselves while playing, working, and learning with other kids. Reserve your spot by clicking on the registration button following the program that best suits your child. Cost: \$275 per hour & half session

www.acornchildrenstherapy.com/summer-sessions

Acorn Therapy camps are not funded by the Recreation Council voucher program.



United Services for Children
3420 Harry S. Truman Blvd.
St. Charles, Mo 63301

www.unitedservicesforchildren.org



Therapy Summer Camp Sessions

June 1-4, 2026:
Speech Phonology Camp (Ages 3.5-5.5)
Vocabulary Camp (Ages 2.5-4)

June 8-11, 2026
Let's Get Moving! (Ages 2.5-4)
Sensory Play with Food (Ages 3.5-5.5)
ABA Social Skills Camp (Ages 4-8)

Cost: \$200 per camp
Time: 10 am-12 noon
Contact: Simone Walker
at 636-926-2700

Community Day Camps

College for Kids St. Charles Community College

These youth half-day summer camps happen in June, July, and August with sessions for ages 5-14. Adventure awaits at our summer camp programs at the College for All Kids & the Performing Arts Summer Academy. Immerse your child in a world of excitement, creativity, and friendship, with over 150 different half day camps in culinary arts, science, computers, technology, performing arts, and visual arts and more. Our instructors and assistants are professionals, teachers, college, or high school students who are excited to see that the summer is filled with fun activities.



www.stchas.edu ~ "Continuing Education"
Register at www.stcharles.augusoft.net
Cost: varies by camp selected



Youth and Teen Summer Day Camp

Our daytime Summer Camp gives youth ages 5-18 a summer to remember filled with friends, outside adventures, and new discoveries. Summer Camp includes meals, snacks, field trips, themed weeks, and special activities.

Locations: St. Charles, St. Louis, Bethalto, ILL

St. Charles & O'Fallon, MO

www.bgcstc.org/membership/summer-camp

Greater St. Louis Area and Illinois

www.bgcstl.org/programs/summer-camp

Boys & Girls Clubs
of Greater St. Louis
2901 North Grand Ave
St. Louis, MO, 63107
314-335-8000

Boys & Girls Clubs
of Greater St. Charles
1211 Lindenwood Ave
St. Charles, MO 63301
636.946.6255



*Weekly all
summer long at
multiple
locations.*

*Cost varies by
camp selected.*



314-930-9535

Weeks available at various locations across the Metro St. Louis & St. Charles area from May 28-August 21, 2026.

Cost varies from \$135-\$185 depending on location selected.

Children ages 5-11 will enjoy using LEGO® bricks to build specially-designed *Bricks 4 Kidz* models, play fun games and explore the world of engineering, architecture, robotics, coding, video game design, animated movie-making, & more.



Enroll Here: www.my.bricks4kidznow.com
www.bricks4kidz.us/missouri-saintlouis-kirkwood



**Traditional Youth
STEM Day Camp** for
youth in grades 5-12.

**Locations in St. Louis & St. Charles, MO
Camps in June and July, 2026
Pricing starts at \$285 per week**

This summer day camp is filled with fun, hands-on STEM adventures led by qualified local educators, designed to spark creativity, build confidence and ignite a lifelong love for learning.



www.invent.org/programs/camp-invention
1-800-968-4332



WELCOME TO AR WORKSHOP OLIVETTE!
 9200 Olive Blvd. Ste. 112, St Louis, MO 63132 (314) 898-9151

Half day summer art camps for youth ages 7-14 from June 8 to August 14, 2026 with topics like Watercolor, Painting, Sewing, K-Pop, Tie Dying, My Doll and Me, Room Refresh, Accessories, and more. Cost: \$240 per week.



Youth Summer Camps and Adult Workshops

www.arworkshop.com/olivette

Artists with disabilities are welcome, but if you have support needs, you will need to bring your own support person. Contact the AR Workshop to discuss special accommodations.

Artscope Summer Art Camp: Day Camp for grades K-5 weekly all summer long. Camps happen at Tower Grove Park in St. Louis City. Artscope's Summer Camp Create features expert visual art instruction and outdoor play. We emphasize reducing our footprint by using natural, recycled and upcycled materials for our art. Each week a different theme. Scholarships available. 314-865-0060.



Ages: 5 - 10 years old
Rate: \$325 / per week
Times: M - F | 9 am - 3pm
2026 Dates:

Weeks from May 26-August 7, 2026

www.artscopestl.org/summer-camp-create



In University City
 6880 Washington Ave
 St. Louis, MO 63130
 314-725- 6555

COCA, Creative Arts: Traditional Camps with over 200 topical camp weeks to pick from including singing, acting, art, dance, circus, clay, cooking, fashion, jewelry, Legos, sewing, acting, and more. **Half-day** camp weeks for ages 3-12 May 26–August 14, 2026. Cost varies by camp. **Specialty Camps** available for teens ages 13-18.

INCLUSION SERVICES AND SLIDING SCALE FEES AVAILABLE: COCA has highly experienced teaching artists on staff who lead group instruction for 10–20 campers each day. COCA's teaching artists are prepared to make accommodations within their instruction to timing, directions, physical activity level, and/or complexity to help students succeed. Campers who require one-on-one support of an assigned aide or para may contact camp arrange to bring their own support person.

www.cocastl.org/summer-arts-camps



Laumeier Sculpture Park
 12580 Rott Road
 Saint Louis, MO, 63127
 314-615-5278



Laumeier Summer Art Camps: Traditional Day Camp for youth ages through age 18. Cost varies by camp. Adventure into an inspiring new world full of sculptures, natural wonders, and imaginative art projects! Experience the woodland trails, creek, and green spaces of Laumeier Sculpture Park's beautiful 105-acre campus and get creative in our engaging education spaces.

**Weekly and Daily Sessions:
 June 8-July 31, 2026**

- LITTLE BUDS ART CAMP:** Ages 3 1/2 to 6 Half-day, weekly sessions \$170
- ART ADVENTURERS** Ages 5-10 Full-day, weekly sessions / Mon-Fri - \$340
- ART SQUAD,** Ages 11-15 Full-day, weekly sessions / Mon-Fri - \$340
- CLUB CREATE,** Ages 5-18 2-hour add-on to camps / Weekly \$50
- ANIME CLUB,** Ages 13-18 Thursdays, 2:30-4pm / \$25 per day

www.laumeiersculpturepark.orgartcamp

Inclusive JCC Day Camps: Play. Connect. Grow. Camp Creve Coeur | Camp Chesterfield



Youth day camp for grades K-7 at two locations. Our camps feature the activities kids love most like swimming, sports, gymnastics and arts. The Life Enrichment department at the J provides accommodation and accessibility services to ensure that everyone can access and participate in our wonderful programs, regardless of ability or diagnosis. We also provide programs specifically designed for individuals with disabilities.

Cost: \$360 per week with early bird and member discounts

Creve Coeur
2 Millstone Campus Drive
St. Louis, MO 63146
314-432-5700

Chesterfield
16801 Baxter Road
Chesterfield, MO 63005
314-442-3428

Adult and year-round programs for people with disabilities are also offered at the J. Contact Sara Loos in The Life Enrichment Department: 314-442-3295 or sloos@jccstl.org

Pre-K Full day and half day camps are also available for ages 3 1/2 to 5. **Cost:** \$235-\$390

www.jccstl.com/camps-afterschool/j-day-camps
www.jccstl.com/community/life-enrichment



401 DARST RD.
FERGUSON, MO. 63135



Register using the QR code above

www.mysah.org

June 1 - July 31

AGES 5-14

With one week off June 29- July 3

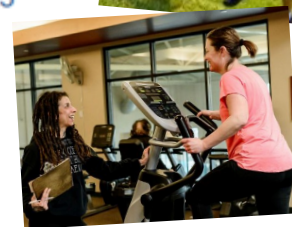
Strength and Honor Day Camp (SAH) Camp for boys and girls brings the youth of Ferguson together to engage in community service projects together each week alongside fun team-building leisure and camping retreats, STEM-based activities, weekly field trips, and intense mentoring sessions. While many of Ferguson's most underprivileged youth struggle most during the summer months without the services the public school offers them, SAH provides a bridge of support to them and their families to help them grow intellectually and emotionally.

Municipal Parks and Recreation Inclusion

Municipal Parks & Recreation Inclusion Partnership: The following parks and recreation departments invite people of all ages and abilities to participate in the numerous programs and special events they plan. Try day camp, t-ball, dance lessons, soccer, martial arts, an exercise class, a craft class, drawing class, swim lessons, or any of the numerous programs for tots to senior citizens. The inclusion coordinator will meet with you to determine the supports your child needs to attend summer day camp. Mid County Inclusion Partnership provides services at local parks and recreation departments. Inclusion helps to enhance the quality of life for individuals with and without disabilities through recreational opportunities that include everyone regardless of their limitations. Inclusion programs help to foster friendships and create a sense of community.



St. Charles: Contact your park department directly
 Southwest St. Louis County: Terri Johnson, 314-835-6157
 Mid County, Sarah Croy, 314-290-8507
 North County: Inclusion Services 314-839-5575



St. Charles County Parks & Recreation

St. Peters Rec-Plex (636) 939-2386
 St. Peters Community & Arts (636) 397-6903
 O'Fallon Renaud Center (636) 474-2732
 St. Charles Co. Parks & Recreation (636) 949-7535
 Wentzville Parks (636) 332-9236

South/West County Parks & Recreation

Ballwin (636) 227-8950
 Brentwood (314) 963-8689
 Des Peres (314) 835-6150
 Manchester (636) 391-6326
 Crestwood (314) 729-4860
 Ellisville (636) 227-7508
 Kirkwood (314) 822-5855
 Sunset Hills (314) 842-7265

North County Parks & Recreation

Bellefontaine (314) 867-0700
 Ferguson (314) 521-4661
 St. Ann (314) 429-4545
 Bridgeton (314) 739-5599
 Hazelwood (314) 839-5575
 Florissant (314) 839-7670

Mid County Parks & Recreation

Richmond Heights (314) 645-1476
 Maryland Heights (314) 738-2599
 Clayton (314) 290-8500
 Webster Groves (314) 963-5600

ST. LOUIS COUNTY PARKS - Camp Queeny, Camp Eagle, Camp Laumeier

www.stlouiscountymo.gov/st-louis-county-departments/parks/programs-activities ~ 314-615-4386

St. Louis County Parks offer inclusive day camps for youth at parks throughout St. Louis County. Check out their website for more information on 2026 camp dates, locations and fees.

ST. CHARLES COUNTY PARKS - Camp Quail, Camp Kinetic, & more.

www.sccmo.org/2279/Parks-Recreation or call 636-949-7535 Dates: **COMING SOON...**

St. Charles County Parks offer one week nature and outdoor day camps for children. Check out their website for more information on 2026 camp dates, locations. Cost: **COMING SOON...**

YMCA - GATEWAY REGION Traditional Summer Day Camp 2026

www.gwrymca.org/summer-camp Register by January 31, 2026 for early bird discount.

Traditional Youth Day Camp with locations in the St. Louis and St. Charles Metro area. We offer youth the opportunity to have fun in a traditional day camp setting.



Inclusion Services Available: While participating in these programs, children are given support at no extra cost to the family when needed. Although every effort is made to provide reasonable accommodations, there may be instances where a child's needs may exceed the parameters of the scope of our program. www.gwrymca.org/inclusion-and-adaptive-support-services ~314-436-1177



16747 Main St
Wildwood, MO 63040
636-422-1457

www.codeninjas.com/mo-wildwood/camps

Half day summer camps for ages 8-14 in topics like Roblox, Minecraft, 3-D Printing, AI, Game Design, and more. Transform your child's love for technology into an exciting learning adventure.

Weeks available from June 1-August 21, 2026
Cost: \$220-\$260



Summer Group Swim Camp and Private Lessons



Ballwin: 14880 Manchester Road
Ballwin, MO 63011 ~ 636-317-3677

Creve Coeur: 12760 Olive Blvd.
Creve Coeur, MO 63141, 314-949-7100

O'Fallon, MO: 1680 Highway K, Megan Crossing
O'Fallon, MO 63366 ~ (636) 542-8399

Rock Hill: 9550 Manchester Rd
Rock Hill, MO 63119 ~ (314) 720-6500

St. Charles: 1916 Zumbuhl Road
St. Charles, MO 63303 ~636-204-5404

www.fosswimschool.com

We offer everything you expect of a modern swim school: thoroughly trained teachers, warm water at 91 degrees, private changing areas, & pools purpose-built for learning.



18 Fenton Plaza, Fenton, MO

7347 Mexico Rd, St. Charles, MO

www.thelittlegym.com/camps

The Little Gym: For children ages 4 months to 12 years (and their parents), The Little Gym gymnastics programs help children learn and grow through movement and imaginative play. Combining fun physical activity, games, and arts & crafts, we'll help your child beat the summer heat by staying cool at The Little Gym.

Contact the Little Gym for cost and dates

Super Swimmers Academy

St. Louis, MO (I, S, VE)

314-989-0901

www.superswimmersacademy.com



This learn-to-swim school works with youth ages 5-12 of all abilities and levels. We specialize in teaching beginners of all ages and children with special needs. Owner Sarah Marx.



Swim Abilities

15425 Clayton Road
Ballwin, MO, 63011
(314) 414-6909



SWIM

All children can learn to love the water. Our Teachers Are Swim Whisperers® who are trained in *The Swim Angelfish Methodology*. We work to overcome roadblocks for swimmers with autism, anxiety, motor issues, sensory delays, discomfort, or trauma. We offer both group and private lessons and evaluate your child for the best fit.

Cost: \$50 per class ~ Call for an evaluation.



DANCE



NINJA



GYMNASTICS

Barron offers youth summer camp at the South County and Ballwin locations. \$58 per day

www.barronsports.com/gymnastics/activities/camp-barron

South Co Swim: 11158 Lindbergh Business Ct, 63123, 314-485-6909

South County Gym: 5411 Jedmed Court, 63129, 314-892-6909

Ballwin: 15425 Clayton Road, 63011, 314-414-6909

O'Fallon, MO: 330 Midfield Circle, 63368, 636-542-8551 (Swim only)

Additional swim schools that also serve swimmers with disabilities:

Big Blue Swim School: Youth Swim lessons, 636-465-9215

Abby's Swim School: Lake St. Louis, 651-216-4964

Swim Theory: 50 Algana Ct, St Peters, 636-896-5755

ISR Survival Swim Skills: Christie Cloutman, 314-764-7706

SwimOnFoundation.org, (314) 795-6770

YMCA ADAPTIVE FITNESS AND SMALL-GROUP SWIM PROGRAM

For children and adults with documented developmental disabilities in qualifying areas, the YMCA offers personalized, encouraging one-to-one support in fitness and/or swimming to accommodate specific fitness needs while fostering socialization and independence. We develop an individualized program with the guardian to help meet goals. Fitness sessions are 60 minutes and swimming sessions are 30-35 minutes.

Fee: \$147. Financial assistance is available.

Email Sherri Rocklage: sherri.rocklage@gwrymca.org

Camp Resources



Phone: (314) 394-7030
E-mail: info@sef-stl.org

The Special Education Foundation provides support and assistance to students who receive services from the Special School District of Saint Louis County (SSD). SSD serves children and youth with disabilities, ages 3 to 21, throughout St. Louis County. Contact them today to find out about their Kid-to-Camp Program. Through this program, the Foundation provides financial assistance to parents so their child can attend summer camp. www.sef-stl.org



The Blueprint4 platform houses and organizes information about all the best summer learning opportunities. The easy-to-use mobile tool features a powerful search function, browsable listings, helpful links, and planning tools to help families prepare for summer success. www.blueprint4.com



The American Camp Association is a community of camp professionals who, for over 100 years, have joined together to share our knowledge and experience and to ensure the quality of camp programs. Because of our diverse 10,000 plus membership and our exceptional programs, children and adults have the opportunity to learn powerful lessons in community, character-building, skill development, healthy living, and lessons that can be learned nowhere else. Find all the ACA accredited camp listed on our website. www.acacamps.org



Kids-Out-And-About

St. Louis/St. Charles Area 2026 summer camp guide for kids

Pick the dates you want to explore on our calendar and see what summer camps are available. Hundreds of local summer camps: day camps, overnight camps, sports, drama, music, theatre, arts & crafts, technology, robotics, horseback riding, preschool, & more.

www.saintlouis.kidsoutandabout.com/content/guide-summer-camps-st-louis-mo-area



STL Magazine Camp Finder: From arts to athletics, these summer programs provide plenty of options for children to continue their development outside of the school year.

www.stlmag.com/sponsored-content/summer-camp-guide



Fun4StLKids Utilizes a searchable format to find fun and learning summer opportunities in the community. Search by location, type of activity, age and more!

www.fun4stlkids.com



HORSEMANSHIP



332 Stable Lane, Wentzville, MO 63385
636.332.4940 (M-F, 8:30 am - 4:30 pm)

Summer Day Camp at TREE House is a **half day** experience for up to four individuals per week for ages six and older. Campers learn horsemanship and riding skills along with nature-oriented activities and crafts, all with a certified therapeutic riding instructor. Camper must be able to sit independently on a horse, and pose no flight risk.

Summer Camp for 2026 has not been announced...

www.thstl.org/services/summer-camps



RIDE ON ST. LOUIS
Love, Strength & Joy

RIDE ON ST. LOUIS

Mail Us: PO Box 94 Kimmswick, MO, 63053
Visit Us: 8499 Byrnesville Rd
Cedar Hill, MO 63016
Call Us: 636-464-3408



Check website for Summer 2026 program

Adapted horsemanship programs are available year-round.

www.rideonstl.org

Equine-assisted service contributing positively to the cognitive, physical, emotional and social well-being of individuals with special needs. Clients are encouraged to perform horsemanship activities to support the client's individual needs.



785 Yellow Finch Ln.
Washington, MO 63090
636-390-2141

of the Missouri Valley

Our summer programs offer a variety of activities and learning experiences for children of all ages. Located at our beautiful farm outside of Washington, MO, these camps will leave your children with memories to treasure.

www.eemv.org

Saddle Up Camp Ages 6-15
For beginning riders
June 1-5 or June 15-19, 2026
Cost: \$375 per week

Giddy Up Camp Ages 6-15
Intermediate & Advanced riders
June 8-12 or June 22- 26, 2026
Cost: \$375 per week



Summer Events



MDWSA was created to provide a safe, fun and extremely memorable water ski experience for individuals with physical and developmental disabilities, visual impairments, and special needs.

We are so excited to have you come out and water ski! It is an incredible event and a life changing experience. We believe everyone can be successful with adaptations to water sports! Becoming an adaptive water skier or wake boarder begins with an intake assessment to gauge your abilities.

www.mdwsa.org

Still not sure? Watch the video on our website to see how much fun you might be missing!

2026 Ski Clinics:

Tuesday May 26, June 18, &
July 2, 2026 at Lake St. Louis
Saturday August 8, 2026
Wright City, MO – Forest Lake

Summer Splash: July 24-25, 2026

9am-4pm at Tremayne Shelter
Creve Coeur Park
13725 Marine Ave
Maryland Heights, MO 63043



Event Location: Kemp Lake
1357 Grotemac Lake Road
Leasburg, MO 65535

Event Coordinator
Fred Kemp
(314) 323-7191
fkemp@kemplake.org



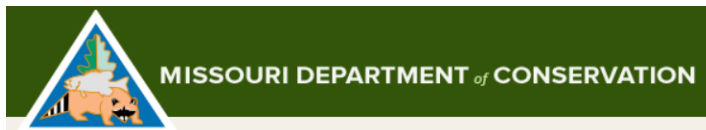
This is a C.A.S.T. for Kids event designed to provide children with disabilities, ages 6–18, the opportunity to enjoy a quality outdoor recreational experience through the sport of fishing. You can expect 2-3 hours of fishing, a delicious lunch and an awards celebration where your child will receive a personalized plaque. The event starts at 8:00 am and ends at 1:00 pm. Please note a parent or guardian must be present with your child for the entirety of the event. Take to the water with C.A.S.T. for an unforgettable morning of fishing and boating.

2026 Cast For Kids Event

June 20, 2026

Cost: FREE!

www.castforkids.org/event/kemplake



The Missouri Department of Conservation (MDC) offers FREE nature classes for outdoor lovers of all ages and abilities. Topics include in wildlife, fishing, hunting, outdoor journaling and painting, hiking, and more. Registration is required for most classes unless indicated.



St. Louis Regional Office
2360 Hwy D
St Charles, MO 63304
(636) 441-4554
stlouis@mdc.mo.gov

Events around the region: www.mdc.mo.gov/events

Events for the month: www.activities.recreationcouncil.org/mdc-nature-programs

Adult Adventures



6555 Sunlit Way
Dittmer, MO 63023
636-274-9044



www.sunnyhillinc.org/adventures

The **Travel Adventures** program by Sunnyhill takes adults with disabilities on supervised weekend road trips to popular destinations in the Midwest. Our trip chaperones encourage travelers to practice self-sufficiency through cultural exploration, gain personal growth and skill development, engage in social interaction, and engage in their community.

Sunnyhill Adult Adventures & Travel On-The-Road Trips



2026 Trip Dates:

Louisville, Kentucky: April 10-12, 2026
Lake of the Ozarks, May 8-10, 2026
Milwaukee, Wisconsin: Sept 11-13, 2026
Galena, Illinois: Oct 9-11, 2026
Columbia, Missouri: Nov 6-8, 2026
Branson, Missouri: Dec 4-6, 2026

**Cost: \$950
per trip**

WONDERLAND *Camp*

573-392-1000 ~ Rocky Mount, MO 65072

2026 Wonderland Mini Camps & Weekends

These themed weekend camps and skill camps are reserved for individuals with disabilities & their families. Come refresh yourself in the beauty of our camp located on the Lake of the Ozark while enjoying all our camp has to offer.

- * Life Skills: Living on My Own: M-Th, Feb. 16-19 - \$525
- * Renaissance Camp: March 6-8, 2026 - \$425
- * Life Skills: Community Skills: M-Th, March 16-19 - \$525
- * Creepy Crawlies: March 27-29, 2026 - \$425
- * Hoppin' Holiday: April 2-6, 2026 - \$650
- * Family Camp: April 17-19, 2026 - \$350 for family group
- * Mom & Me: May 1-3, 2026 - \$250 for 2 people

Fall Weekends:

- * Father Son Weekend: August 14-16, 2026 - \$250 for 2 people
- * Life Skills, Living On My Own: M-Th, Aug. 24-27 - \$525
- * Circus Weekend: Sept. - \$425
- * Family Camp: Sept. 11-13 & Oct. 16-18 - \$350 for 2 people
- * Mama is a Happy Camper: October 3-5 - \$250
- * Spookfest: Oct. 23-25 - \$425
- * Halloween: Oct. 30-Nov. 1 - \$425
- * Life Skills: Community Skills: M-T, Nov. 16-19 - \$525
- * Snowballs & Stockings: Dec. 4-6 - \$425
- * Cookies with Santa: Dec. 11-13 - \$425

www.wonderlandcamp.org/camp-schedule



Contact Donny Conner
Coordinator of Leisure Services
314-817-2293
dconner@slarc.org

A weekend getaway adventure program for adults ages 18 & older. Individual trips are planned throughout the year to give participants the opportunity to travel and explore various locations throughout the Midwest. There will be both pre-planned activities, such as ziplining, hiking, sporting events, and more.

2026 Trips are FULL

Contact the Arc to get on the mailing list for 2027 trips. Trips fill quickly.
COST: \$930 per trip.

www.slarc.org/programs/adulthood





YMCA Trout Lodge
 13528 State Hwy AA
 Potosi, MO 63664
 888-386-9622

YMCA Trout Lodge Weekend Adventure

Featuring incredible views of Mark Twain National Forest and sunrises over the water, Trout Lodge's cabins and recently renovated Lodge guest rooms provide a home base as you explore dozens of activities, from the Alpine Tower, paintball course, and zip line to trail rides, archery and water sports. Plus each fun-filled day includes your cafeteria-style meals in the Lodge dining room with sweeping views of Sunnen Lake.

www.gwrymca.org/locations/ymca-trout-lodge

Contact the Recreation Council to plan your adult adventure at Trout Lodge.

Adventure voucher funding is available for qualified adults age 18 and older who have a developmental disability to cover 90% of the cost for lodging and meals for you and a travel companion when you book your adventure at Trout Lodge.



River City Outdoors



3120 Locust Street, St. Louis, MO 63103



River City Outdoors fosters an environment of outdoor equity through innovative programming, education, partnerships, funding, and community engagement. Attend one of our partner's hands-on activities for youth and adults of all abilities. Experience the region's waterways, trails, and public lands through unforgettable day trips or overnight excursions. Rent a canoe, kayak, or paddleboard. Collaborate with us to develop outdoor programs, strategies, and solutions for your community. Continue your journey with Terrain Magazine, our bimonthly publication.

www.rivercityoutdoors.org

BIG MUDDY CANOE ADVENTURES - a partner of River City Outdoors ~ COST: \$80-\$100+ depending on experience you select. Discover the St. Louis region's outdoor treasures through unforgettable day trips, overnight excursions, and custom outings from Big Muddy Adventures, our professional guiding company. No prior experience or special equipment is necessary.

We offer a wide range of options, from hour-long paddles to multi-day expeditions to private island dinners. We supply everything you need, including an experienced guide, double-wide safety canoes, and gear for an adventure you'll never forget.

www.2muddy.com/trips



Municipal Park Day Trips: Join your local park department for a day trips for adults to fun locations in our area and around Missouri. **TRIPS ARE SEASONAL** and not all parks offer trips year round. Check out these Catalog links below to see **IF** a park near you is hosting a day trip soon:

[Ferguson](#) ~ [Florissant](#) ~ [Webster Groves](#) ~ [Maryland Heights](#)
[St. Peters](#) ~ [St. Charles](#) ~ [O'Fallon,MO](#) ~ [Wentzville](#)



See the **MUNICIPAL PARKS PAGE** in this publication for contact information for your local park office.

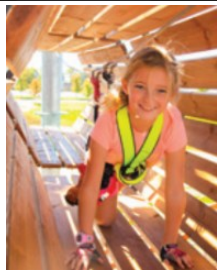
RYZE
ADVENTURE PARK

info@ryzeadventure.com
 (314) 886-7993
 12420 Grace Church Rd
 Maryland Heights MO, 63043



OBSERVATION DECK

Enjoy the views from our stair-access observation deck. Bypass the climbing elements, relax on the top level of the tower.
 \$6/person



LITTLE NINJA COURSE

16 elements, close to the ground but full of adventure.
 Kids (Ages 4-7) - \$29
 Up to 1.5 hours



MINI GOLF

Play the 18-hole mini-golf course.
 All Ages - \$10/round



THE ADVENTURE TOWER

Zip, climb, leap, soar, free fall, and more on the 4-story adventure tower. Over 110 elements with something for all skills and abilities.
 Youth (Ages 8-17) - \$39
 Adult (Ages 18+) - \$49
 Up to 2.5 hours

RYZE Adventure Park St. Louis is the ultimate outdoor adventure, anchored by a 4-story adventure tower. Our activities include ziplining, an obstacle ropes course, mini golf, and so much more. Tackle the adventure tower, a 4-story ropes course with over 100 different obstacles, including zip lining and a "free fall" rappel station. Kids love this obstacle ropes course to climb and explore at their pace. There are 16 elements, close to the ground but full of adventure.

www.ryzeadventure.com



**1500 South Main Street
 St. Charles, MO 63303 ~ 636-229-9700**

www.chickennpickle.com/location/st-charles



Adaptive Pickleball Night: On the first Monday of every month from 6-8pm at Chicken 'N Pickle, we host a Para Pickleball Night designed to introduce the sport of Pickleball to adults with physical disabilities. Our trained instructors teach the skills in drill fashion and allow time for open play to practiced skills. We have 2 sport wheelchairs on site that players can use for free.



CNP Kids Crew: Its fun! Its Free! A monthly meetup for families where kids ages 12 & under enjoy themed activities & free family fun. Kids Crew members enjoy themed activities, crafts, games, access to exclusive perks & invites. Join on our website.



Adventures Outside Missouri



Trips, Inc Travel Program for Adults with Disabilities: Trips, Inc.™ provides all-inclusive vacation packages for travelers 18 and older with intellectual and developmental disabilities. From theme parks to national parks, Alaska to Hawaii, cruises and international destinations-our excursions take you all over the world!



www.tripsinc.com/upcoming-trips



Wilderness Inquiry, Gateway to Outdoor Adventures for People with Disabilities: Wilderness Inquiry shares the outdoors with everyone, including persons with intellectual and physical disabilities. Designed for adults with developmental disabilities, brain injuries, and other forms of cognitive disability, Gateway to Adventure (Gateway) is a program that helps people develop the skills they need to enjoy inclusive outdoor recreation activities. Trips cost varies. 1-800-728-0719

www.wildernessinquiry.org/programs/gateway-to-adventure

Group Vacation & Travel for People with Disabilities

ACCESSIBLE GO: Hotel Booking Web Tool, your one stop shop for disability travel needs - www.accessiblego.com

Wheel the World: Use this site to find accessibility vacations around the world. www.wheeltheworld.com

Governor's Council on Disability - Travel Resources - www.disability.mo.gov/leisure

Sundial Tours: Since 1968, Sundial has been managing escorted tours and vacations for persons with disabilities to destinations around the U.S.. Based in Oregon ~ 1-800-547-9198 ~ www.sundialtour.com

New Directions: A special needs travel program based in California. 1-805-967-2841, www.newdirectionstravel.org

Sprout: A travel program for individuals with DD based in New York. 1-888-222-9575, www.GOSPROUT.org

Adapted Sports Center, Colorado: High adventure activities in Colorado for people with special needs, www.adaptivesports.org

Autism on the Seas: Cruise vacations for adults and families living with Autism, Down Syndrome, and other related disabilities. 1-800-516-5247 ~ www.autismontheseas.com

Outward Bound: High adventure trips to wilderness locations (not specialized), 1-866.467.7651, www.outwardbound.org

St. Charles Parks Extended Trips: (Inclusive) Group travel to various US locations: 636-949-3372 www.stcharlesparks.com

Road Scholars: Travel opportunities for people of all walks of life (not specialized) 1-800-454-5768, www.road scholar.org

WanderRock international small group adventures for neuro-diverse young adults wanderrock.com



Three Main Street, Suite 105
Burlington, VT 05401
(802) 846-5298



Kelly Brush Foundation hosts several events throughout the country to provide exciting and immersive experiences for people with spinal cord injuries.

The Kelly Brush Foundation hosts several camps throughout the year to provide exciting and immersive experiences for people with spinal cord injuries. Check out the upcoming camps, or [sign up for our newsletter](#) to stay tuned for more events in the future. All camps provide financial support options, including travel and lodging.

www.kellybrushfoundation.org/camps



AGENCY PROGRAMS



Adaptive sports programs at the Y provide children and adults with disabilities the chance to play sports and participate in learning opportunities in a safe, fun atmosphere.

We offer many adaptive sports programs year-round including Adaptive Basketball, Adaptive Baseball, Adaptive Bowling - and that's just to name a few.

The Y, in partnership with The Miracle League, provides a chance to experience the joys and benefits that come from playing baseball. Learn about our new Adaptive Sports Complex on the South County YMCA campus, in partnership with the St. Louis Cardinals and Cardinals Care, the team's charitable foundation, Boniface Foundation and Miracle League.

Programming Locations:

Chesterfield Family YMCA: 636-532-3100
South County Family YMCA: 314-849-9622

www.gwymca.org/ymca-adaptive-sports



St. Louis Arc
1177 N. Warson Road
St. Louis, Missouri 63132
314-569-2211

www.slarc.org

Neighborhood Experiences, Summer Teen Project

Neighborhood Experiences is an eight-week summer pre-employment training project that supports youth ages 13-20 with disabilities in St. Louis City and St. Louis County. Participants explore job opportunities, practice workplace expectations through volunteering, and develop the hard & soft skills needed to be successful in the workforce.

June 8 - July 31, 2026

(No project dates on June 19 and July 2-7, 2026)

APPLY ONLINE AT:

<https://slarc.formstack.com/forms/neapplication2026>

Or contact Paige Hawes at 314-817-2249 or phawes@slarc.org



Arc United Softball, Basketball, Soccer, Kickball, Pickleball

Arc United is for people of *all abilities* to play together and compete in a community recreational league. A "united" team combines St. Louis Arc athletes and community athletes playing on the same team. For information, contact Dan Correll, Coordinator of Leisure Services: dcorrell@slarc.org ~ 314-817-2227.

Arc Adult Recreation

Programs in art, cooking, music, travel, book club, sports, and so much more. Cost varies by program selected. Check out the Summer 2026 program brochure for more information.



www.slarc.org/programs/adulthood/social-instructional



St. Louis Challenger Baseball
 402 N. Geyer Road
 St. Louis, MO 63122
www.challengerbaseball.org



We're a baseball league for kids and adults with developmental disabilities from ages 5 on up. Since 1994 the main goal of St. Louis Challenger Baseball has been to make friends!

When we play baseball we don't count outs, we don't count runs, all players bat and play the field every inning. We do modify the game for the fun of each player. We seek to have a buddy (people who don't have a disability between the ages of 10 and 25) for each of our players. Not only do our players make great friends with their teammates, but they make great friends with their buddies. Come join us. It'll be the most fun you'll ever have.

Game Dates: Saturdays, April 25-June 27, 2026; **All-Star Game:** July 11; **Picnic:** July 19.
Time: Saturday mornings, 9:00 and 10:30 am at Tilles Park, McKnight and Litzsinger.
COST: \$25, but we waive that if you can't afford it.



Artists First is an inclusive, non-profit art studio empowering artists of all abilities. Artists First uses creative self-expression to build equity, equality and empowerment in the Saint Louis region and beyond. We believe in bringing art to the community as a means of integration, healing, support, and finding common ground.

www.artistsfirststl.org



ADULT OPEN STUDIO HOURS:

no appointment necessary

Monday - Thursday : 10AM - 3PM

Friday: 10AM - 2PM

1st Sat of every month: 10AM - 2PM

AF for Veterans:

Open Studio Hours +
 Monday 4PM - 7PM

Youth Open Studio:

Thursday 3PM - 6PM

LIFEWORKS PROGRAM
 Fully Funded open art studio for city residents with developmental disabilities
 ST. LOUIS OFFICE FOR Developmental Disability Resources



“Here at Blank Canvas Studios, we strive to create an environment where people can express themselves in a creative way. The goal of the studio is to provide people of all ability levels the opportunity to create and be celebrated for their uninhibited style of raw art.”

www.blankcanvasartstudio.org

Accessible Play Areas



VARIETY WONDERLAND PLAYGROUND IN FOREST PARK

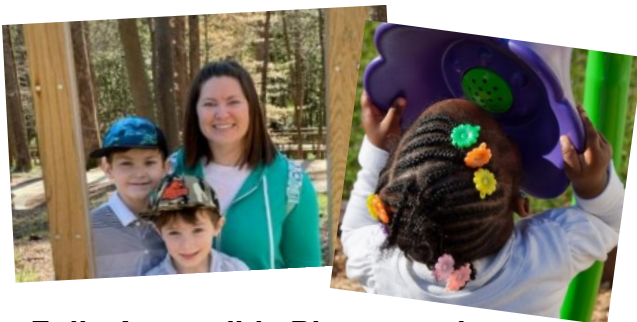
Forest Park's Variety Wonderland Playground, located just outside the Dennis & Judith Jones Visitor and Education Center, received major improvements in April of 2021. Created in 2005, the half-acre Variety Wonderland Playground was one of the first playgrounds in the St. Louis region that was fully accessible to children of all abilities. Since then, it has become a favorite for St. Louis families and Forest Park visitors from around the region.

www.forestparkmap.org/variety-wonderland-playground

Unlimited Play Accessible Playgrounds

Unlimited Play is a 501(c)3 non-profit organization that helps to plan, design and build fully accessible playgrounds that allow all children – regardless of their abilities – to play together. A valuable resource in our community, Unlimited Play has unique expertise in this area, and is available to assist in the development of inclusive playgrounds that promote dignity, understanding and respect among children.

www.unlimitedplay.org



Ollie's Fun Forest Playground and Sensory Trail

St. Peters, MO City Centre Park

This accessible, one-of-a-kind nature route will encourage and nurture growth for all minds and bodies.

www.stpetersmo.net/353/St-Peters-Parks

Fully Accessible Playgrounds in the Metro Area

Angie's Playground, Manion Park, Florissant 63031
Zachary's Playground, Hawk Ridge Park, Lake St. Louis, 63367
Brendan's Playground, Westhoff Park, O'Fallon, 63366
Cornerstone Playground, St. Louis, MO
Discovery Playground, Jaycee Park, St. Charles 63301
Gus' Playground & Theresa's Splashpad, St. Louis
Jakes Field of Dreams, Heartland Park, Wentzville, 63385
Kennedy's Playground, St. Peters, 63376
McAuley's Playground, Hansen Park, Cottleville, 63304
Veteran's Tribute County Park, Weldon Spring, 63304



Area Attractions

St. Charles Area Attractions & Resources

St. Charles Visitor Center & Historic District	www.discoverstcharles.com	636-949-3217
St. Charles County Parks	www.sccmo.org	636-949-7535
City of St. Peters—Amenities	www.stpetersmo.net	636-477-6600
City of O'Fallon - Attractions	www.ofallon.mo.us	636-240-2000
City of Wentzville - Visitors	www.wentzville.mo.gov/visitors	636-327-5101
Lake St. Louis - Community	www.lakesaintlouis.com	636-625-1200
MDC Busch Wildlife Refuge	www.mdc.mo.gov	636-441-4554
St Charles City-County Library	www.stchlibrary.org	636-441-2300
Foundry Art Center ~ St. Charles	www.foundryartcentre.org	636-255-0270
Ozzie Smith Sports Complex-O'Fallon	www.ofallon.mo.us/ozzie-smith-sports-complex	636-379-5606
St. Charles Convention Center ~ St. Charles	www.stcharlesconventioncenter.com	636-669-3000
St. Charles Family Arena ~ St. Charles	www.familyarena.com	636-896-4200
Community News - St. Charles County	www.mycnews.com/st-charles-county	636-379-1775
Lindenwood University	www.lindenwood.edu	636-627-2540
St. Charles Community College	www.stchas.edu/student-life	636-922-8238

St. Louis Area Attractions

Dome at America's Center	(800) 916-8938	The Repertory Theatre	(314) 968-4925
City Museum	(314) 231-2489	Hollywood Amphitheatre	(314) 298-9944
Craft Alliance	(314) 725-1177	Sheldon Concert Hall	(314) 533-9900
Dog Museum	(314) 821-3647	Six Flags-St. Louis	(636) 938-5300
Fox Theatre	(314) 534-1111	St. Louis Art Museum	(314) 721-0072
Gateway Arch	(877) 982-1410	St. Louis Black Repertory	(314) 534-3807
Gateway Riverboat Cruises	(877) 982-1410	St. Louis Blues	(844) 379-0370
Grant's Farm	(314) 843-1700	St. Louis Cardinals	(866) 800-1275
Laumeier Sculpture Park	(314) 615-5278	St. Louis Science Center	(314) 289-4400
Scottrade Center	(314) 622-5400	St. Louis Symphony	(314) 534-1700
The Magic House	(314) 822-8900	St. Louis Zoo	(314) 781-0900
Missouri Botanical Gardens	(314) 577-5100	Touhill Performing Arts	(314) 516-4949
Missouri History Museum	(314) 746-4599	World Aquarium	(314) 647-6011
The Muny Opera	(314) 361-1900		
Myseum	(636) 220-7930		
Opera Theatre of St. Louis	(314) 961-0644		
Purina Farms	(800) 778-7462		



Additional Arts & Performing Arts Programs:

Gateway Center for Performing Arts	www.gcpastl.org
MJ Performing Arts Academy	www.mjperformingartsacademy.com
Day Spring Arts & Education	www.dayspringarts.org



St. Peters Cultural Arts

1 St. Peters Centre Blvd ~ 636-397-6903 ~ www.stpetersmo.net

Operated by the City of St. Peters, the Center provides instruction in art, music, voice, and theater for all ages, as well as week-long summer art, theater, and fencing camps for children and teens. Come visit our art gallery.



STAGES Performing Arts Academy, Theater, Acting, Dance, Voice

1023 Chesterfield Pkwy East, Chesterfield, MO 63017 ~ 636-449-5775 ~ www.stagesstlouis.org

These inclusive classes develop creativity, performance skills, and self-confidence. Students work on a variety of dance, music and drama activities.